

BREAKFAST ALL DAY

Acai Smoothie Bowl w. toasted buckinis, coconut & seasonal fruit 15.5

SARDI Granola oats, buckinis, sunflower seeds, flaxseeds, coconut flakes, hazelnuts & almonds toasted in coconut oil & honey
W. coconut yoghurt & rhubarb compote 11.5

5 Grain Almond Mylk Porridge w. salted apples, pecan & date labneh 13.5

Sourdough, Grain or Fruit Toast w. homemade rhubarb jam, marmalade, vegemite, honey or peanut butter 6.5

Smashed Avo on quinoa loaf w. lemon, saganaki & pepitas 16.5
w. poached eggs 18.5

Wild Mushroom Ragout w garlic, kale & parmesan on sourdough 16.5
w. poached eggs 18.5

Superfood Breakfast Bowl asparagus, kale, avocado, buckinis, chives, lemon & parsley w. poached eggs & almond dukkah 16.5
w. grilled chicken + 5.0

Brekky Board; granola parfait, croissant w. jam, pea & haloumi fritter
w poached egg & coffee 17.5

Pea & haloumi fritters w blistered tomatoes, bacon & relish OR
w. avocado salsa & smoked salmon 16.5
w. poached eggs 18.5

Egg and Bacon Ciabatta w. mayo, tomato relish and grilled cheese 10.0

SARDI Big Brekky eggs your way w. bacon, mushies, spinach, saganaki & avocado 19.5

Banana Bread French Toast w. mascarpone, maple roasted pears, salted caramel & almond crumble 16.5

Lychee 'n' Coconut Hotcakes w. toasted coconut and cranberry granola, caramelised lychee syrup & coyo ice cream 17.5

Free Range Eggs poached, scrambled or fried on toast 9.5

SIDES

Mushrooms / Spinach / Extra egg 3.0ea

Avocado / Saganaki 3.5ea

Bacon / Smoked Salmon 5.0ea

Relish/ Mayo 0.5ea

Homemade paleo bread 1.5 per slice

LUNCH after 11.30am

Southern Fried Chicken Burger w. slaw, aioli & sweet potato fries 18.5

Slow Cooked Lamb Shoulder Tacos w. red pepper mayo, chargrilled corn & red cabbage salsa 18.5

Asian Chicken Salad w wombok, snow pea sprouts, almonds, mint and sweet Asian dressing 12.5

Trio of Salads; see daily specials board 14.5

Thai Curry of the Day w. brown rice 15.0

Soup of the Day w. toast 9.5

Sweet Potato Fries w. avocado salsa & lime 7.5

SANDWICHES

Chicken w. honey mustard, mayo, avocado, and snow pea sprouts 12.5

Ham w cheese, tomato, mayo, and snow pea sprouts 10.0

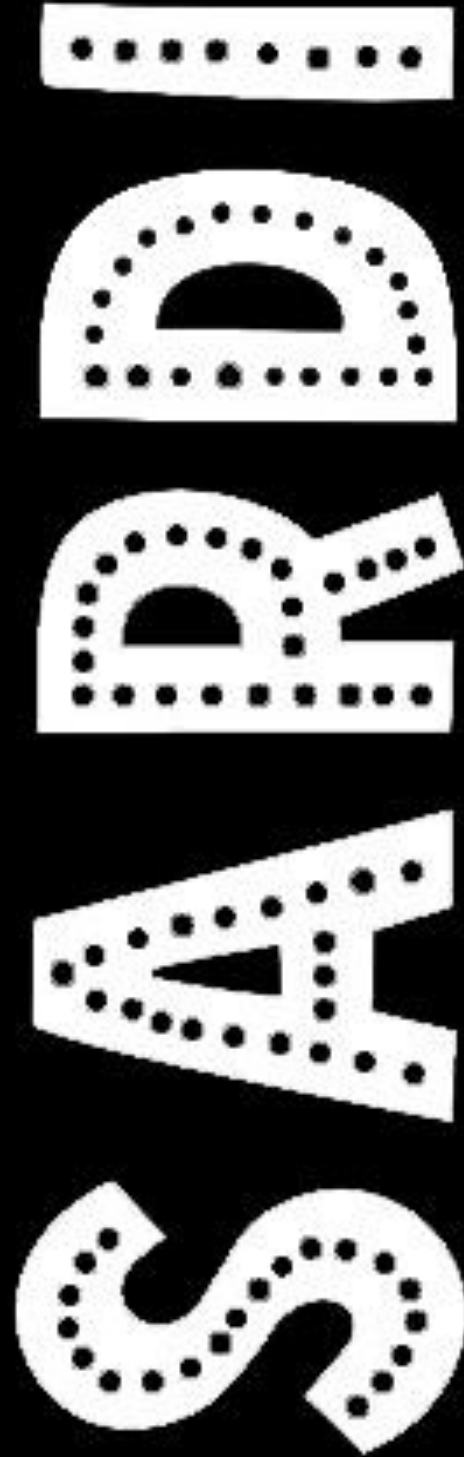
Turkey w. avocado, mayo, cranberry relish, brie cheese, snow pea sprouts 10.0

BLAT bacon, lettuce, avocado, tomato 10.0

Unfortunately we cannot make any changes to the menu or spilt bills during busy periods or weekends.

Kitchen closes at 3pm

See front fridge for sweets



BEVERAGES

Niccolo House Blend Coffee 3.5
Large 0.5 / Stronger 0.5 / Soy 0.5 / Almond Milk 1.5

Tea Drop Tea 3.5

- English Breakfast
- Peppermint
- Chai
- Honeydew Green
- Earl Grey
- Lemon Grass & Ginger

Hot Chocolate 4.0

Mocha 4.0

Babycino 1.5

Prana Chai Masala 5.5

Matcha Green Tea Latte 4.5

Golden latte 4.5

Iced Coffee 6.5

Iced Chocolate 6.5

Iced Mocha 6.5

Exramile Kombutcha 5.8

Soft Drink 3.5

JUICES

Orange 6.5

Apple 6.5

Carrot 6.5

Mixed Juice 6.5

SMOOTHIES

Green Goodness: apples & carrot juice, banana & superfood powder 9.50

Cocoa Kicker; almond milk, cacao, nuzest clean & lean protein, peanut butter, banana, honey & goji berries 9.5
Espresso shot + 1.0

Manco; mango, coconut, coyo, LSA, rice malt syrup & passionfruit 9.5

MILKSHAKES

Chocolate 6.0

Strawberry 6.0

Vanilla 6.0

Mint Chocolate 6.0

Caramel 6.0

Oreo 7.9

Malteaser 7.9

Matcha 7.9

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